

Efficacy of topical diclofenac vs topical nepafenac in reducing pain associated to retinal photocoagulation

[Eficacia del diclofenaco tópico vs. nepafenaco tópico en la reducción del dolor durante la fotocoagulación panretiniana]

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Abstract

Purpose To compare the efficacy of topical diclofenac 0.1% vs topical nepafenac in reducing pain associated to argon laser retinal photocoagulation **Material and methods** Double blinded, randomized clinical trial. One hundred thirty two patients with diagnosis of proliferative diabetic retinopathy treated with retinal photocoagulation. Randomization in to 2 groups: topical diclofenac and nepafenac. Before retinal photocoagulation 2 doses of topical non-steroidal anti-inflammatory drugs were applied, pain was assessed immediately and 15 minutes after. Level of pain, adverse effects and associated symptoms at the end of retinal photocoagulation were analyzed. **Results** The median for age in both groups was 55 years, M:F ratio of 1:1.4. The immediate level of pain was 35.5 (ICR 14-72) for nepafenac and 45 (ICR 14-70) for diclofenac (P = .48). At 15 minutes the pain level was 30 (ICR 4-50) for nepafenac and 20 (ICR 2-50) for diclofenac. There was no difference in associated symptoms or adverse effects among groups. **Conclusions** The preventive treatment with topical nepafenac and diclofenac is equally effective and safe for reducing the pain associated with retinal photocoagulation in patients with proliferative diabetic retinopathy. © 2016 Sociedad Mexicana de Oftalmología

SciVal Topic Prominence

Topic: [Lidocaine](#) | [Anesthetics, Local](#) | [local anesthetics](#)

Prominence percentile: 57.676

Author keywords

Adverse effects; Diclofenac; Nepafenac; Pain; Retinal photocoagulation

Indexed keywords

EMTREE drug terms:	Diclofenac; nepafenac; nonsteroid antiinflammatory agent
EMTREE medical terms:	Adult; adverse outcome; analgesia; Article; clinical assessment; clinical effectiveness; controlled study; disease association; double blind procedure; drug efficacy; female; human; laser coagulation; major clinical study; male; middle aged; ophthalmic argon laser; pain assessment; pain intensity; postoperative pain; proliferative diabetic retinopathy; randomized controlled trial; retinal photocoagulation; symptom; unspecified side effect

Chemicals and CAS Registry Numbers:

diclofenac, 15307-79-6, 15307-86-5; nepafenac, 78281-72-8

- **ISSN:** 01874519
- **CODEN:** RMOFE
- **Source Type:** Journal
- **Original language:** English, Spanish
- **DOI:** 10.1016/j.mexoft.2016.06.002
- **Document Type:** Article
- **Publisher:** Elsevier Doyma